



BOUNCE-BACK Activity – Practice with children the skill of bouncing back after losing a game, having a block tower fall, etc. Ask children to make the kind of face that they would make when they are disappointed. Then problem-solve with ways the children could “bounce back”, like using the Little Engine phrase, “I think I can, I think I can..” or stand up and jump up and down a few times, then say “I’m bouncing back, so I can try again”. The Teacher or Parent can write down the suggestions on the BOUNCE BACK chart.



It's all about bouncing back.





We can BOUNCE BACK!

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